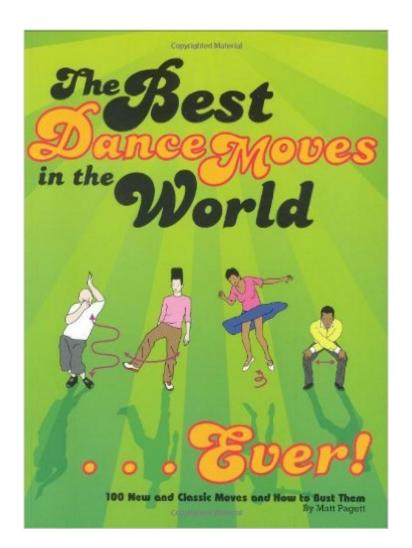
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Best Dance Moves In The World . . . Ever!: 100 New And Classic Moves And How To Bust Them





Synopsis

Capturing centuries of rhythmic wisdom just in time for Saturday night, this must-have compendium of classic dance moves and exciting new gyrations is cause for footloose celebration. Here are the illustrated, step-by-step moves for 100 hot-blooded hipshakers sure to please veteran groove-machines as well as those with two left feet. With easy-to-follow guides for the Robot, Running Man, Cabbage Patch, Smurf, Hustle, Funky Chicken, Moonwalk, and dozens of other bustable maneuvers, plus inspiration, suitable music, and special advice for each dance, this fun and stylish guide is the key to walking like an Egyptian or breaking it down like Napoleon Dynamite.

Book Information

Paperback: 176 pages Publisher: Chronicle Books (March 5, 2008) Language: English ISBN-10: 0811863034 ISBN-13: 978-0811863032 Product Dimensions: 6.5 x 0.8 x 8.8 inches Shipping Weight: 15.2 ounces Average Customer Review: 4.3 out of 5 stars Â See all reviews (9 customer reviews) Best Sellers Rank: #581,954 in Books (See Top 100 in Books) #23 in Books > Arts & Photography > Performing Arts > Dance > Popular #54 in Books > Arts & Photography > Music > Musical Genres > Dance #47372 in Books > Teens

Customer Reviews

I'm a dance instructor and this book helps a lot for adding a few "twists" to my routines. The moves are classic, illustrations are colorful and fun (even displaying different wardrobes specific to the dance moves), and best of all, you're never short of ideas! Each move is broken down in pieces and the book also gives you recommended music and even precautions. Works great for dance parties too! You know those moves that it seems everybody knows but you? Not anymore! Highly recommended!

What a great book! Its illustrations are colorful and clear, and the text is hilarious. Each dance description gives a brief history of the dance and of the people who made it famous. Then, there are simple step-by-step explanations of each dance, with very clear descriptions. ("[M]ove [your arms] from side to side, like you're drying your back with a towel.") There are suggestions for varying each

dance or raising its level of complexity. ("Lean-ins and lean-outs will add a little sparkle...as will shoulder shimmies.") This book will remind you of all the old dances you once knew and will definitely make your next dance party a lot more fun. It's also fun to work your way through the book with your friends in your own living room.

If you are like me and love to dance, you will love this book! It has over 100 new and Classic dances. I didn't know there were that many!!! It is fully illustrated and breaks down all the moves with step-by step guides. Be ready for that next dance, wedding or holidays and show everyone what you can do!

This book is fun for anyone who loves to dance and has a sense of humor. It brings back things that you had forgotten, or that you were never sure of, like the Kid 'N Play. Great to flip through with a friend or a group of friends at a party. The most funny part though, is the voice who give lots of helpful tips and trivia around these dance moves. I bought one for myself and now 3 as gifts. Great gift to someone who needs a pick-me-up and loves to dance, like a mom.

I got this for my roommate because she's always dancing and asking me to teach her some moves. The book is really nice, with pictures showing how to perform the moves. Made for a great Christmas gift!

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